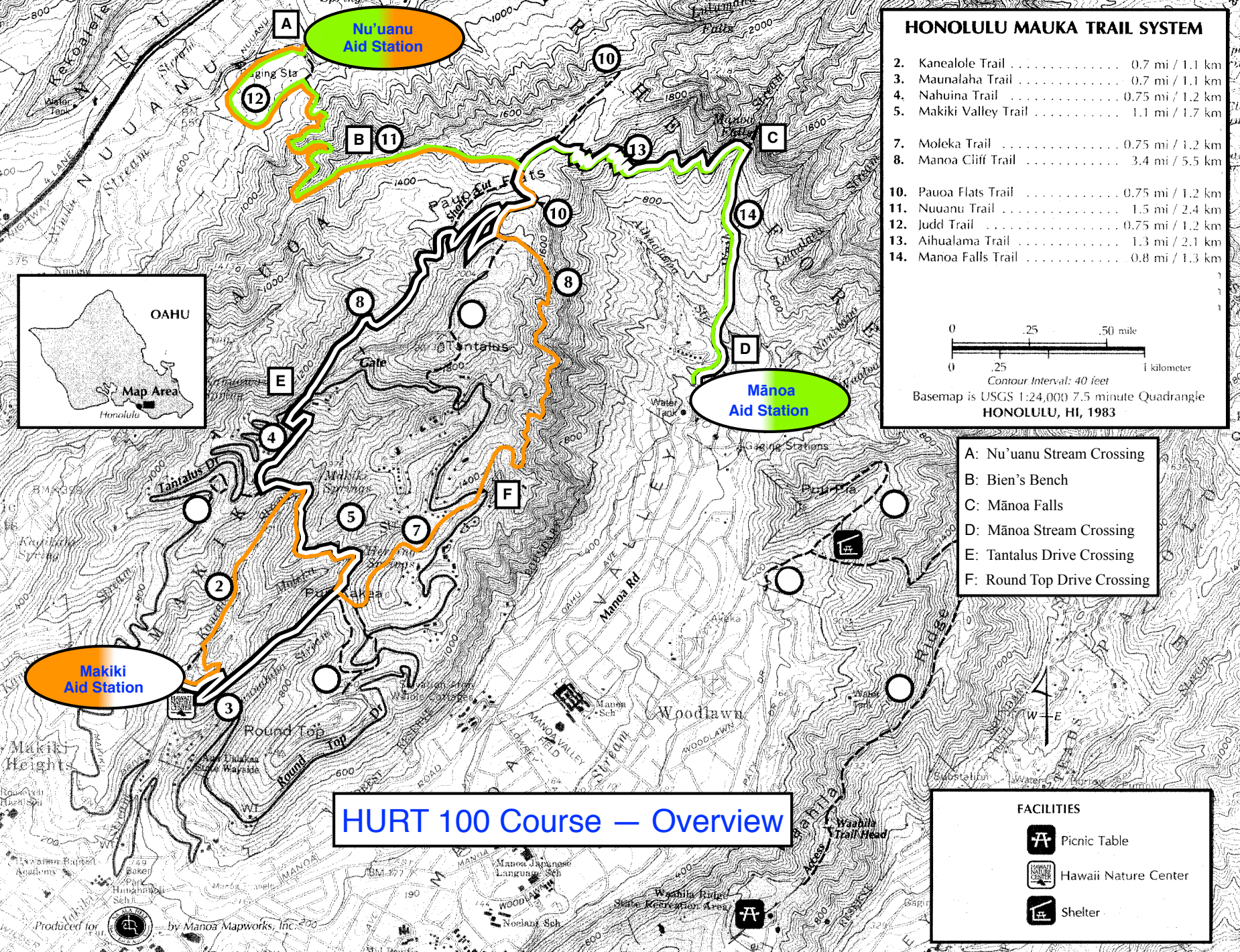
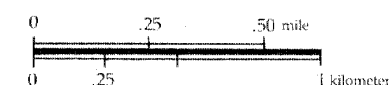




HONOLULU MAUKA TRAIL SYSTEM

- | | |
|------------------------|------------------|
| 2. Kanealole Trail | 0.7 mi / 1.1 km |
| 3. Maunalaha Trail | 0.7 mi / 1.1 km |
| 4. Nahuina Trail | 0.75 mi / 1.2 km |
| 5. Makiki Valley Trail | 1.1 mi / 1.7 km |
| | |
| 7. Moleka Trail | 0.75 mi / 1.2 km |
| 8. Manoa Cliff Trail | 3.4 mi / 5.5 km |
| | |
| 10. Pauoa Flats Trail | 0.75 mi / 1.2 km |
| 11. Nuuanu Trail | 1.5 mi / 2.4 km |
| 12. Judd Trail | 0.75 mi / 1.2 km |
| 13. Aihualama Trail | 1.3 mi / 2.1 km |
| 14. Manoa Falls Trail | 0.8 mi / 1.3 km |



Basemap is USGS 1:24,000 7.5 minute Quadrangle
HONOLULU, HI, 1983

- A: Nu'uauu Stream Crossing
- B: Bien's Bench
- C: Mānoa Falls
- D: Mānoa Stream Crossing
- E: Tantalus Drive Crossing
- F: Round Top Drive Crossing

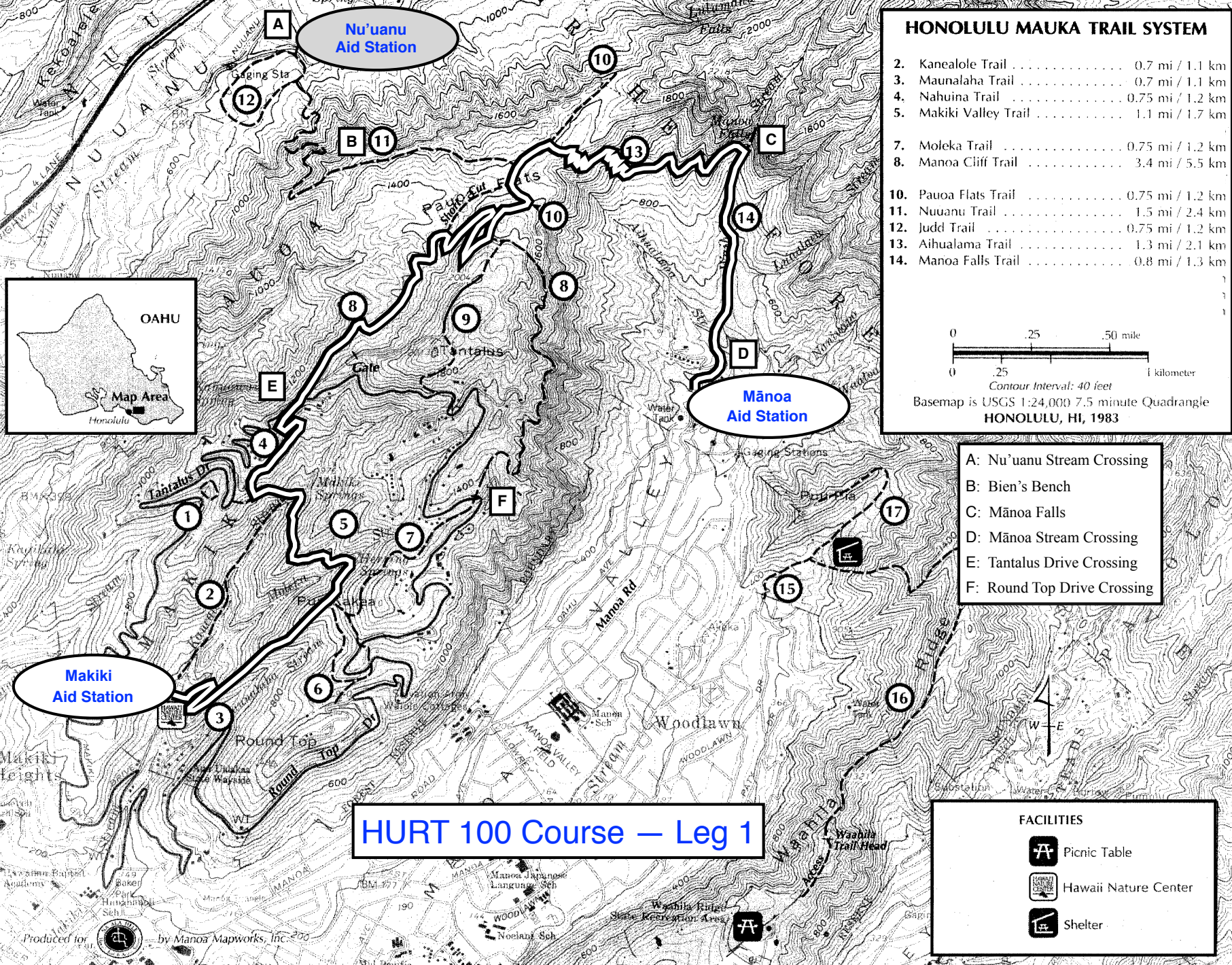
HURT 100 Course — Overview

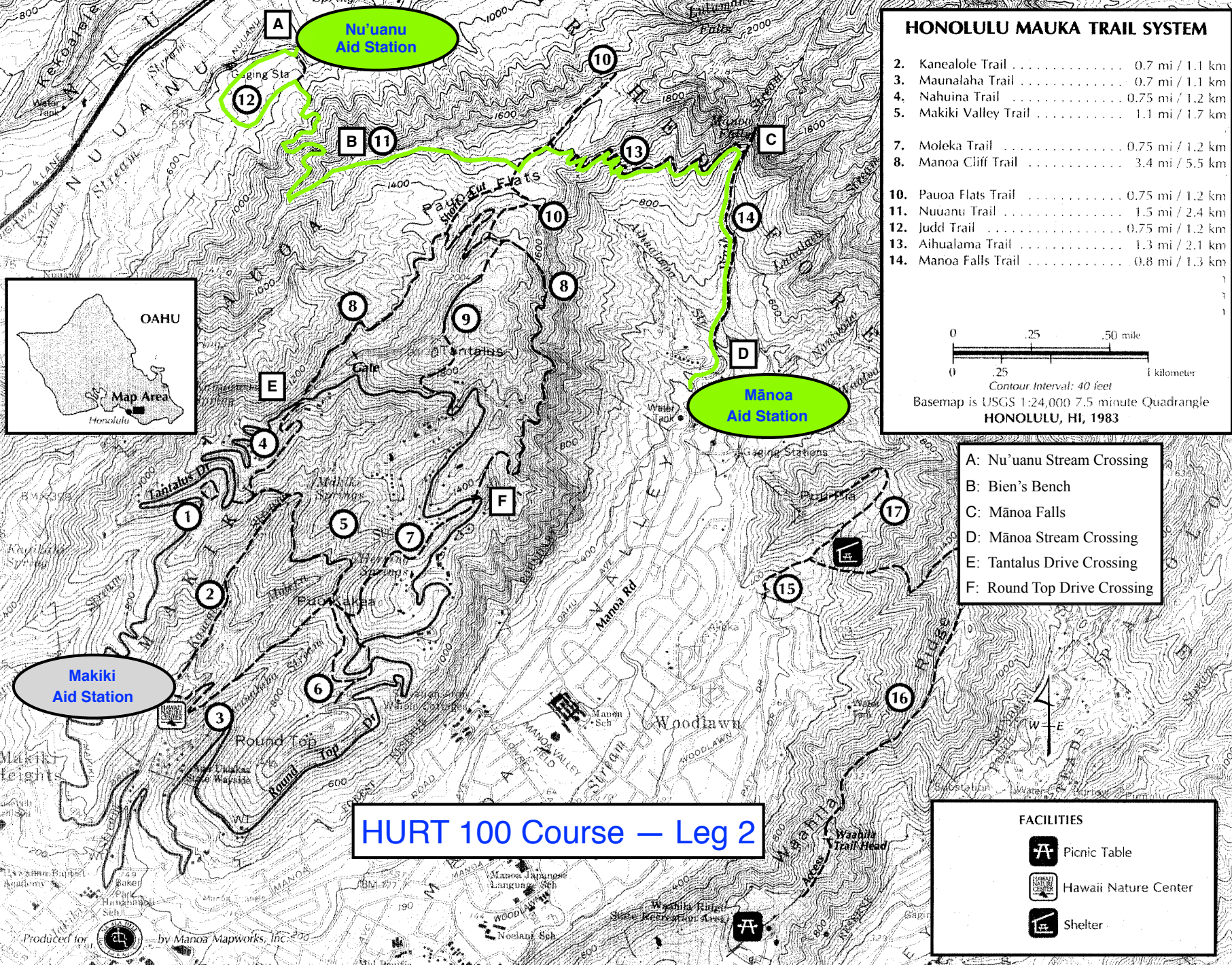
FACILITIES

 Picnic Table

 Hawaii Nature Center

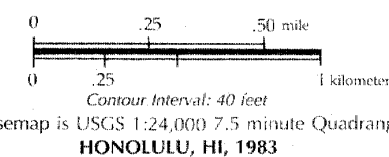
 Shelter





HONOLULU MAUKA TRAIL SYSTEM

- | | |
|------------------------|------------------|
| 2. Kanealole Trail | 0.7 mi / 1.1 km |
| 3. Maunalaha Trail | 0.7 mi / 1.1 km |
| 4. Nahuina Trail | 0.75 mi / 1.2 km |
| 5. Makiki Valley Trail | 1.1 mi / 1.7 km |
| | |
| 7. Moleka Trail | 0.75 mi / 1.2 km |
| 8. Manoa Cliff Trail | 3.4 mi / 5.5 km |
| | |
| 10. Pauoa Flats Trail | 0.75 mi / 1.2 km |
| 11. Nuuanu Trail | 1.5 mi / 2.4 km |
| 12. Judd Trail | 0.75 mi / 1.2 km |
| 13. Aihualama Trail | 1.3 mi / 2.1 km |
| 14. Manoa Falls Trail | 0.8 mi / 1.3 km |

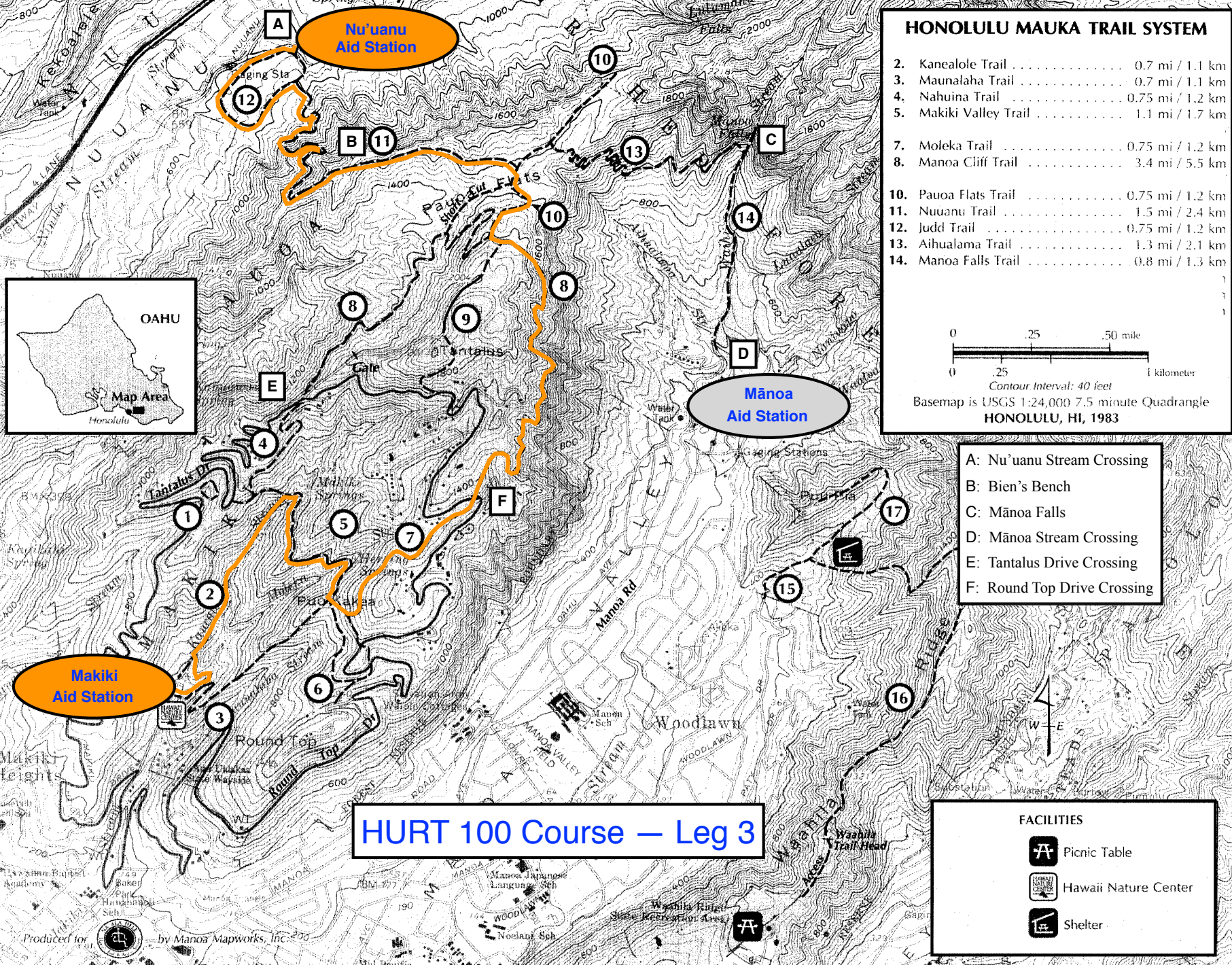


- A: Nu'uauu Stream Crossing
B: Bien's Bench
C: Mānoa Falls
D: Mānoa Stream Crossing
E: Tantalus Drive Crossing
F: Round Top Drive Crossing

FACILITIES

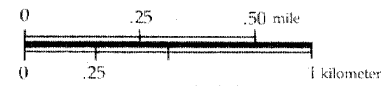
- Picnic Table
- Hawaii Nature Center
- Shelter

HURT 100 Course — Leg 2



HONOLULU MAUKA TRAIL SYSTEM

- | | |
|------------------------|------------------|
| 2. Kanealole Trail | 0.7 mi / 1.1 km |
| 3. Maunalaha Trail | 0.7 mi / 1.1 km |
| 4. Nahuina Trail | 0.75 mi / 1.2 km |
| 5. Makiki Valley Trail | 1.1 mi / 1.7 km |
| | |
| 7. Moleka Trail | 0.75 mi / 1.2 km |
| 8. Manoa Cliff Trail | 3.4 mi / 5.5 km |
| | |
| 10. Pauoa Flats Trail | 0.75 mi / 1.2 km |
| 11. Nuuanu Trail | 1.5 mi / 2.4 km |
| 12. Judd Trail | 0.75 mi / 1.2 km |
| 13. Aihualama Trail | 1.3 mi / 2.1 km |
| 14. Manoa Falls Trail | 0.8 mi / 1.3 km |



Basemap is USGS 1:24,000 7.5 minute Quadrangle
HONOLULU, HI, 1983

- A: Nu'uauu Stream Crossing
- B: Bien's Bench
- C: Mānoa Falls
- D: Mānoa Stream Crossing
- E: Tantalus Drive Crossing
- F: Round Top Drive Crossing

FACILITIES

Picnic Table

Hawaii Nature Center

Shelter

HURT 100 Course — Leg 3

Makiki Aid Station

Nu'uauu Aid Station

Mānoa Aid Station